NOTICE

A Session on Yoga for Wellness is being organized on April 23, 2019 at 2:30 pm at the University, as a part of the SHE (Safety, Health and Environment) initiative. Interested students, staff members and teachers, are requested to attend. Dr Malay K Mukhopadhyay, of the PG Government Institute for Physical Education, North 24 Parganas and OSD, Education Directorate, Government of West Bengal and a regular Resource Person at the different UGC - HRDCs and Shri Sudipto Biswas, eminent yoga practitioner and their associates will conduct the session; it will involve lecture/demonstration and interaction.

Registrar (O)
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